2015 SUMMER CAMP

Session 1 - - June 22nd - 26th Session 2 - - July 13th - 17th

	9:00	9:30	10:15	11:15	12:00	1:00	2:30
MONDAY	ARRIVAL	TRAINING	ROTATIONS	LUNCH	ROTATIONS	LENEXA POOL	WRAP UP
	Warm up. Ice Breakers	Contitioning	Sneaky Drills		Games / Crafts	(Get Wet)	Review / Games
TUESDAY	ARRIVAL	TRAINING	ROTATIONS	LUNCH	ROTATIONS	LENEXA POOL	WRAP UP
	Warm up. Make popsicles	Warrior Skills	Rolling		Games / Crafts	(Get Wet)	Review / Games
WEDNESDAY	ARRIVAL	TRAINING	ROTATIONS	LUNCH	ROTATIONS	LENEXA POOL	WRAP UP
	Warm up.	Olympics	Rope Drills		Games / Crafts	(Get Wet)	Review / Games
THURSDAY	ARRIVAL	TRAINING	ROTATIONS	LUNCH	ROTATIONS	LENEXA POOL	WRAP UP
	Warm up	Warrior Spirit	Boot Camp		Games / Crafts	(Get Wet)	Review / Games
FRIDAY	ARRIVAL	TRAINING	ROTATIONS	LUNCH	ROTATIONS	LENEXA POOL	WRAP UP
	Warm up.	Graduation Ceremony	Surprise ?????	HOT DOG COOK OUT	Sumo Wars	(Get Wet)	Parent Presentation

Samuari Summer Camp

REGISTER NOW FOR THE 2015 SUMMER CAMPS

ENROLL FOR ONLY \$189 / SESSION

We need minimum of 10 registrations to confirm camp session. Bring your friends as well.

Camp drop-off is 9:00 am. Pickup is 3:00 pm.

Bring a lunch: we will provide drinks & treats.

Bring a plain white t-shirt for arts & crafts.

Bring a towel and sunscreen – we have daily water sports at the Lenexa Pool on 87th Street. Parents are welcome to come help and play....

Parents – we will stay at the karate school during the day.

Friday Graduation - - Lunch provided. Hot Dog cook out.

Anne Harvey and Dan Eigenberg are the camp leaders. Hanshi will be there as well.

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