

Lenexa Karate Academy

913.962.1640 www.kansaskarate.com

JANUARY 2017

| Class Time | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Class Time | SATURDAY |
|--------------|---|---|---|---|--|----------------|---|
| 4:30 5:15 | Kids Karate OPEN All Ranks | Kids Karate OPEN All Ranks | Kids Karate OPEN All Ranks | Kids Karate JUJITSU All Ranks | | 8:00 9:30 | Kenpo ADVANCED Brown/Black |
| 5:15 6:00 | Kenpo ADVANCED Brown/Black | Kenpo OPEN All Ranks | Kenpo INTERMEDIATE Blue/Green/Purple | Kenpo OPEN All Ranks | Kenpo OPEN All Ranks | 9:30 10:15 | Kenpo/Jujitsu OPEN All Ranks |
| 6:00 6:45 | Kobujitsu OPEN All Ranks | Kenpo OPEN All Ranks | Kenpo/Jujitsu OPEN All Ranks | Kobujitsu OPEN All Ranks | Kenpo OPEN All Ranks | 10:15 11:00 | Kenpo OPEN All Ranks |
| 6:45 7:30 | Kenpo OPEN All Ranks | Kenpo ADVANCED Brown/Black | Kenpo OPEN All Ranks | Kenpo OPEN All Ranks | SPARRING CLASSES - 3rd week each month. FULL GEAR REQUIRED (Hands, feet, head, mouthpiece, groin) BRING YOUR GEAR TO INTERMEDIATE AND ADVANCED CLASSES 3rd WEEK OF THE MONTH. | | |
| 7:30 8:15 | Kenpo INTERMEDIATE Blue/Green/Purple | Kobujitsu ADVANCED Brown/Black | Kenpo OPEN All Ranks | Kenpo INTERMEDIATE Blue/Green/Purple | | | |